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May 4th, 2022

To whom it may concern

On behalf of the Royal Danish Embassy in Washington DC, I would like to help raise your awareness to Danish author Karen Glistrup and her efforts to reduce feelings of shame, loneliness and wrong in children.

Karen's original work in Danish had the foreword written by **Her Royal Highness Crown Princess Mary.**

Karen Glistrups is a Danish family therapist, family-counsellor and bestselling author. Her passion is to change the lives, wellbeing and mental health of children and young adults growing up with parents who suffer from mental illness, addiction and/or other difficult life circumstances. She wants to help children feel less shame, less loneliness, and less wrong.

Talk about it ... with every Child is a book that inspires a language about all that is hidden, it reduces shame and helps adults talk honestly and more openly with their children about difficult life circumstances.

What Children Don't Know... Hurts is about how children pick up on our emotions - including those we try to hide. This book is for those who are seeking a practical, inspiring approach to talking with children and families about difficult subjects, such as mental illness, abuse or other stressful life circumstances.

I hope you will find Karen's work both important and inspiring.

Kind Regards

Symone Henriques
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Culture & Public Diplomacy
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